

ALPIC 2022

**Advanced Learning on Platelets
& Thrombosis International Course**

4-6 November 2022

Kalavrita Canyon Hotel

KALAVRITA-GREECE

Alexandros Tselepis

Professor
of Biochemistry-Clinical
Chemistry, Department
of Chemistry, University
of Ioannina

Course Directors:

John Goudevenos

Emeritus Professor of
Internal Medicine-Cardiology,
Faculty of Medicine,
School of Health Sciences,
University of Ioannina

Haralampos Milonis

Professor of Internal
Medicine, Faculty
of Medicine, School of Health
Sciences, University
of Ioannina

Organizer:



European and Mediterranean League
Against Thrombotic Diseases

Scientific Program

WELCOME MESSAGE

Dear Colleagues,

We are pleased to welcome you to **ALPIC 2022** (Advanced Learning on Platelets & Thrombosis International Course), the 12th international scientific event on Platelets and Thrombosis, taking place this year in **Kalavrita**, Peloponnese, Greece, at Kalavrita Canyon Hotel, on **4-6 November, 2022**. ALPIC 2022 is organized by the European and Mediterranean League against Thrombotic Diseases (EMLTD), having as Course Directors Professors A. Tselepis, I. Goudevenos and H. Milionis. The Course aims to serve as a knowledge transfer forum for scientists in the current aspects of Platelet and Thrombosis research, ranging from the basic science to the clinical practice. The scientific program is designed to highlight the rapid development and ongoing evolution on the mechanisms underlying Thrombosis and Haemostasis along with discussion regarding all current advances in Antiplatelet and Anticoagulant therapy. We are proud that ALPIC has gained worldwide warm acceptance and recognition for its scientific merit and we do hope that ALPIC 2022 will further strengthen the European and Mediterranean network for Thrombosis in both basic research and clinical practice. ALPIC 2022 is organized with the contribution of our hosting partners, the Atherothrombosis Research Centre of the University of Ioannina and the Institute for the Study and Education on Thrombosis and Antithrombotic Therapy, which will give us the opportunity to bring together scientists and experts having a wide spectrum of disciplines, who will share current knowledge on various aspects of Thrombosis. The course local organizing committee consisted of University Professors with different specialties has created an attractive and comprehensive scientific programme with care and appreciation for attendees' scientific and personal enjoyment. An internationally recognized panel of invited speakers will present state of the art lectures and will create an excellent opportunity for all participants to stimulate an extended and very constructive discussion both inside and outside the lecture hall.

The dreamy setting with picturesque squares, stone-paved streets and cute little houses of Kalavrita will welcome ALPIC 2022. Kalavrita is a town, a province and a municipality in the East Central part of the prefecture of Achaia. The historic town of Kalavrita, one of the most exciting destinations of Peloponnese, will add to the scientific quality of the presentations, making this event a remarkable one for all participants. The Organizers will spare no efforts to ensure that ALPIC 2022 will be an exciting and enriching experience for all participants. We welcome you and we wish you all enjoy ALPIC 2022 in the picturesque landscape offered by Kalavrita and its mountainous landscape.

With our best regards,

The ALPIC 2022 Course Directors

Prof. Alexandros Tselepis Prof. Ioannis Goudevenos Prof. Haralampos Milionis

■ Organizer:



European and Mediterranean League
Against Thrombotic Diseases

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Alexandros Tselepis

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Health Sciences
University of Ioannina

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Professor of Internal
Medicine, Faculty
of Medicine, School
of Health Sciences,
University of Ioannina

Here's why! See you in Kalavrita for what promises to be a most exciting congress!

The ALPIC 2022 scientific program is focused on realistic views of controversial issues in thrombosis and antithrombotic therapy. Sessions include a combination of Keynote lectures, Clinical Seminars Plenary Sessions, Debates, Meet the Experts Sessions presented by a faculty of internationally renowned leaders.

SCIENTIFIC PROGRAMME

Friday, November 4th, 2022

11.00 **Registrations**

11.30-13.30 **The Most Impactful Antithrombotic Trials in 2021-2022**

Chairs: Stratis **Pattakos**, Dimitrios **Alexopoulos**

HEP-COVID

Matilda **Florentin**

MICHELLE, Μελέτη INVICTUS

Theodora **Babali**

REMAP-CAP, ACTIV-4a, and ATTACC

Georgia **Kaiafa**

MASTER DAPT

Dimitrios **Nikas**

ADAPT-TAVR

Georgios **Almpanis**

STOPDAPT-2 ACS

Dimitrios **Alexopoulos**

IMPROVE VTE (Hospitalized medically ill patients)

Ioannis **Koulas**

PACIFIC Program (AF, AMI, STROKE)

John **Goudevenos**

Friday, November 4th, 2022

13.30-14.30 Meet the Experts: From ACS to chronic coronary artery disease. The transition period

Chairs: Georgios **Kochiadakis**, Dimitrios **Alexopoulos**

P2Y12 Monotherapy following PCI. An alternative approach
Dimitrios **Alexopoulos**

Dual anti platelet therapy duration? Very short or very long?
John **Kanakakis**

Very low dose of rivaroxaban. It is time for a new era
in antithrombotic treatment?
Christos **Katsouras**

The bleeding risk. The true game changer?
Georgios **Almpanis**

14.30-15.30 Break

15.30-16.30 Interactive Workshop. Real-World Data on Thrombosis Incidence and Treatment in Countries Affiliated to EMLTD

Chairs: Vittorio **Pengo** (Italy), Alexandros **Tselepis**

Croatia: Ana **Bronic**

Greece: Dimitrios **Alexopoulos**

Israel: David **Varon**

Portugal: Joao **Morais**

France: Ismail **Elalamy**

Slovenia: Matija **Kozak**

Spain: Lina **Badimon**

16.30-17.00 Antithrombotic Therapy in cardiac Operations

Chair: John **Goudevenos**

Antithrombotic therapy of patients undergoing noncardiac
operations according to 2022 ESC guidelines
Michail **Botis**

Antithrombotic Therapy in Patients Undergoing Transcatheter
interventions for Structural Heart Disease
Gregoris **Pattakos**

SCIENTIFIC PROGRAMME

Friday, November 4th, 2022

17.00-17.30 **Coffee Break**

17.30-19.00 **Plenary Session. Stroke therapeutics: an update**

Chairs: Georgios **Tsivgoulis**, John **Ellul**

Tenecteplase vs alteplase for iv thrombolysis in Acute Ischemic Stroke
Georgios **Tsivgoulis**

Safety and efficacy of iv thrombolysis in COVID-19 era
Eleni **Bakola**

Combination of antiplatelets and anticoagulants for secondary stroke prevention
Lina **Palaiodimou**

Inhibition of factor XI: a new therapeutic horizon for secondary stroke prevention
John **Ellul**

Inflammation: a new therapeutic target for atherothrombotic stroke prevention
Odysseas **Kargiotis**

19.00-20.20 **Plenary Session. Cardiovascular complications in cancer patients**

Chairs: Nikos **Tsoukalas**, Dimitrios **Alexopoulos**

Evolving data on cardiovascular complications in cancer
Nikos **Tsoukalas**

Venous Thromboembolism and Risk Stratification in Hematological Malignancies
Georgia **Kaiafa**

Cardiotoxicity of Anticancer drugs. Focus on thrombosis
Alexandros **Tselepis**

Optimizing antithrombotic therapy for atrial fibrillation in cancer
Georgios **Andrikopoulos**

Friday, November 4th, 2022

20.20-20.45 Official Opening of ALPIC 2022

Chairs: Alexandros **Tselepis**, John **Goudevenos**, Haralampos **Milionis**

Vice Rector of the University of Ioannina
Minas **Paschopoulos**

President of the EMLTD Society
Alexandros **Tselepis**

President of the Hellenic Cardiological Society
John **Kanakakis**

Mayor of Kalavrita
Athanasios **Papadopoulos**

Respected Metropolitan of Kalavrita
Ieronimos

20.45-21.10 Opening Lecture

Chair: Alexandros **Tselepis**

Deep Learning and Artificial Intelligence
Panos **Vardas**

21.30 **Dinner**

SCIENTIFIC PROGRAMME

Saturday, November 5th, 2022

08.30-10.00 Atrial fibrillation and the Prothrombotic state: New insights for 2021-2022

Chairs: Dimitrios **Richter**, Kostas **Pappas**

Prothrombotic conditions and Stroke
Georgia **Kaiafa**

Stroke risk assessment in AF: Simplicity and practicality matter
Dimitrios **Richter**

Biomarkers for risk stratification in AF
Stylianos **Tzeis**

Bleeding risk assessment: Its appropriate use
and inappropriate mis-use
Vittorio **Pengo** (Italy)

10.00-10.30 Coffee Break

10.30-11.30 How to Treat Session. Practical Guidance in Antithrombotic Therapy

Moderators: John **Goudevenos**, Anastasios **Spanos**

A 35 year-old woman diagnosed with unprovoked DVT.
How far should we extend the antithrombotic treatment?
Kalliroi **Kalantzi**

A 72 year old patient with colonic cancer and pulmonary embolism
Stavroula **Tsiara**

A 70 Years Old Patient with Atrial Fibrillation on DOAC and Melena
Athanasios **Pipilis**

Stroke management in COVID-19 patients in the Internal
Medicine Unit of a Reference Hospital
Christos **Savopoulos**

11.30-12.00 Satellite Lecture

(see page 15)

Saturday, November 5th, 2022

12.00-13.00 Meet the Experts session: Unaddressed issues in Thrombosis and Haemostasis

Chairs: Efrosyni **Nomikou**, Elias **Kyriakou**

Superficial vein thrombosis: Pathophysiology, risk factors and treatment rationale

Fotios **Girtovitis**

Diagnostic and therapeutic approach to a bleeding patient with normal routine coagulation tests

Despina **Adamidou**

13.00-14.30 Clinical Seminar. Management of acute ischemic stroke

Chairs: Haralampos **Milionis**, Eleni **Koromboki**

Organize admission and triage

Konstantinos **Vemmos**

Dissolve thrombus. What to expect?

Dimitris **Sagris**

Retrieving emboli. Where do we stand?

Panagiotis **Papanagiotou**

14.30-15.30 Break

15.30-17.00 Meet the Experts. Management of thrombosis at unusual sites. Which antithrombotic and for how long?

Chairs: James **Douketis**, Athanasios **Giannoukas**

Cerebral sinus thrombosis

Konstantinos **Vemmos**

Splanchnic thrombosis

Georgios **Glantzounis**

Upper extremity thrombosis

Athanasios **Gianoukas**

Discussants: Elissavet **Grouzi**, Konstantinos **Vemmos**,
Evangelos **Dimakakos**

SCIENTIFIC PROGRAMME

Saturday, November 5th, 2022

17.00-17.30 Keynote Lecture

Chair: Alexandros **Tselepis**

Remote monitoring of cardiometabolic disease patients
Apostolos **Pappas**

17.30-18.00 Coffee Break

18.00-20.00 Plenary Session. Cardiometabolic Risk Factors and Thrombosis. From Pathophysiology to Therapy

A joint session of EMLTD with Hellenic Atherosclerosis Society

Chairs: Alexandros **Tselepis**, Evangelos **Liberopoulos**

Major dietary patterns and atherothrombotic disease;
from epidemiology to clinical practice
Demosthenes **Panagiotakos**

Postprandial dysmetabolism - A daily stressor of platelets?
Tzortzis **Nomikos**

"GLP-1 receptor agonists and stroke primary prevention"
Theodosios **Philippatos**

Metabolic Syndrome – Diabetes Mellitus and the risk of LEAD
Nikolaos **Tentolouris**

Lp(a) and Thromboembolic Risk. Present and future
Alexandros **Tselepis**

Reduction of ischemic events with the use of PCSK9 inhibitors.
Results from recent clinical trials
Evangelos **Liberopoulos**

Saturday, November 5th, 2022

20.00-21.00 **Keynote Lectures. Recent guidelines on antithrombotic management**

Chairs: Vittorio **Pengo** (Italy), Ioanna **Andreadou**

2022 ACCP perioperative antithrombotic management guidelines
James **Douketis**

2002 ISTH COVID anticoagulation guidelines
Alex **Spyropoulos**

Sunday, November 6th, 2022

09.00-11.00 Pathogenesis of ischemic stroke: Heart and Vessels

Chairs: Christos **Savopoulos**, Athanassios **Protogerou**

Hypertension and ischemic stroke: from pathophysiology to effective management

Nikolaos **Kakaletsis**

Lp(a) and stroke: potential relationship, attributable risk and management

Matilda **Florentin**

PFO: to close or not to close?

Paraskevi **Savvari**

CAS vs. CAE: Pros and cons

Dimitrios **Nikas**

Thrombophilia and stroke: an innocent bystander?

Georgia **Kaiafa**

11.00-11.30 **Break**

11.30-13.15 Challenging the risk and management of venous thromboembolism in Women

Chairs: Minas **Paschopoulos**, Theodoros **Stefos**

Hormonal therapy and risk of thrombosis

Ploutarchos **Tzoulis**

Special issues regarding the Prophylaxis and Therapy of VTE in women of all ages

Eleftheria **Lefkou**

Post-thrombotic syndrome in women

Konstantinos **Konstantinides**

Thrombosis and Placenta

Vasileios **Papadopoulos**

Moderators: George **Farmakides**, Despoina **Adamidou**

13.30 **End of Alpica 2022**

SATELLITE LECTURE

Saturday, November 5th, 2022

11.30-12.00 Satellite Lecture Pfizer



Chair: Dimitrios **Alexopoulos**

PCI/ACS and Atrial Fibrillation - Optimal Antithrombotic treatment

John **Kanakakis**

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1. ΟΝΟΜΑΣΙΑ ΤΟΥ ΦΑΡΜΑΚΕΥΤΙΚΟΥ ΠΡΟΪΟΝΤΟΣ: THERACOR 5 mg επικαλυμμένα με λεπτό υμένιο δισκία. THERACOR PLUS (10+25) mg, επικαλυμμένα με λεπτό υμένιο δισκία. 2. ΠΟΙΟΤΙΚΗ ΚΑΙ ΠΟΣΟΤΙΚΗ ΣΥΝΘΕΣΗ: THERACOR: Κάθε δισκίο περιέχει 5 mg φουμαρικού βισοπρολόλη. THERACOR PLUS (10+25) mg: 1 επικαλυμμένο με λεπτό υμένιο δισκίο περιέχει 10 mg φουμαρικού βισοπρολόλη και 25 mg υδροχλωροθειαζίδη. 3. ΦΑΡΜΑΚΟΤΕΧΝΙΚΗ ΜΟΡΦΗ: Επικαλυμμένο με λεπτό υμένιο δισκίο. 4. ΚΛΙΝΙΚΕΣ ΠΛΗΡΟΦΟΡΙΕΣ: Θεραπευτικές ενδείξεις: THERACOR: Θεραπεία χρόνιας σταθερής καρδιακής ανεπάρκειας με μειωμένη συστολική λειτουργία της αριστεράς κοιλίας ως επεξεργασμένη θεραπεία με αναστολείς του μετατρεπτικού ενζύμου της αγγiotensίνης και διουρητικά, και προαιρετικά καρδιακές γλυκοσίδες. THERACOR PLUS: Ιδιαίτερης γρήγορης, δραστικής και τριπλής χορήγησης. Τα δισκία πρέπει να λαμβάνονται το πρωί και μπορούν να λαμβάνονται με τροφή. THERACOR: Η μέγιστη συνιστάμενη ημερήσια δόση είναι 10 mg βισοπρολόλη. THERACOR PLUS: Συνιστάται η σταδιακή επιβολή της δόσης με την κάθε συνία. Εξαιρετικά. Αντενδείξεις: Οξεία καρδιακή ανεπάρκεια ή κατά τη διάρκεια επείγουσας μη αντιρροπούμενης καρδιακής ανεπάρκειας που απαιτούν ενδοφλέβια ενέχυρα. Καρδιογενής καταπληξία (shock). Ειδικές προειδοποιήσεις και προφυλάξεις κατά τη χρήση: Πρέπει να χρησιμοποιείται με προσοχή σε: βρογχόσπασμο (βρογχικό άσθμα, αποφρακτική πνευμονοπάθεια), ζαχαρώδη διαβήτη που εμφανίζει μεγάλες διακυμάνσεις στις τιμές γλυκόζης αίματος, ανεπάρκειες νεφρικές: βροδοκαρδία, ζάλη, κεφαλαλγία, επιδείνωση, καρδιακή ανεπάρκεια, ναυτία, έμετος, διάρροια, δυσκολία στην εισπνοή, ορθοστατική υπόταση, μείωση αδυναμία, μείωση κράμπες.

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ΟΝΟΜΑΣΙΑ ΤΟΥ ΦΑΡΜΑΚΕΥΤΙΚΟΥ ΠΡΟΪΟΝΤΟΣ: Ivor 2.500 IU anti-Xa/0,2 ml ενέσιμου διαλύματος σε προγεμισμένες σύριγγες. **ΠΟΙΟΤΙΚΗ & ΠΟΣΟΤΙΚΗ ΣΥΝΘΕΣΗ:** Bemiparin sodium: 2.500 IU (anti Factor Xa*) ανά 0,2 ml προγεμισμένη σύριγγα (ισοδύναμη με 12.500 IU (anti Factor Xa*) ανά ml ενέσιμου διαλύματος). Η δραστηριότητα περιγράφεται σε Διεθνείς μονάδες anti-Factor Xa δραστηριότητας (IU) με βάση το Πρώτο Διεθνές Πρότυπο Αναφοράς Ηπαρίνης Χαμηλού Μοριακού Βάρους. Για τον πλήρη κατάλογο των εκδόχων, βλ. παράγραφο 6.1.

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4.1 Θεραπευτικές ενδείξεις

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Το LIPTRUZET ενδείκνυται για τη μείωση του κινδύνου των καρδιαγγειακών επεισοδίων (βλ. παράγραφο 5.1) σε ασθενείς με στεφανιαία νόσο (ΣΝ) και με ιστορικό οξέος στεφανιαίου συνδρόμου (ΟΣΣ), που είτε έχουν λάβει προηγούμενη θεραπεία με στατίνη είτε όχι.

1. ΠΧΠ LIPTRUZET_31_08_2021

* Σύμφωνα με τις ΠΧΠ των κυκλοφορούντων σταθερών συνδυασμών εξετιμίμης/ατορβαστατίνης στην Ελλάδα

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■ DATE & VENUE

The **Advanced Learning on Platelets and Thrombosis International Course (ALPIC 2022)** is held from **Friday, November 4th to Sunday, November 6th 2022** in Kalavrita, Greece, at Kalavrita Canyon Hotel.

The **ALPIC 2022** will be realized in Kalavrita Canyon Hotel, a 4* hotel situated in **Kalavrita**, Achaia region of Peloponnese, Greece. In the heart of the beautiful and historic town of Kalavrita, **ALPIC 2022** will be actualized in the hotel's Conference Halls. The Conference will be conducted in a hybrid manner (with physical presence of a number of participants and simultaneous on Digital Broadcast). In case, for epidemiological reasons, the conference cannot be held with physical presence, it will be held entirely online.

■ ABOUT KALAVRITA

Kalavrita is a town in the mountainous east-central part of the regional unit of Achaia in Peloponnese, Greece. The town is located 24 kilometres south of Aigio and 40 km southeast of Patras. Kalavrita is surrounded by beautiful mountains Erymanthos in the west and Chelmos in the southeast.

Kalavrita area brings together a large number of attractions of historical and religious significance and natural beauty. The Vouraikos Canyon is among the Global Network of Geoparks, which was established under the auspices of UNESCO, and a geological monument of world heritage. This natural richness of the Greek geological heritage can be admired in a magical journey with **the cog of Kalavrita**. The **Cave of the Lakes** is also a work of nature worth to visit just minutes away from the town of Kalavryta. In the **Monastery of the Great Cave** you can admire one of the four projects of the Evangelist Luke, the embossed image of the Virgin Chrysospiliotissa while **Holy Agia Lavra Monastery** holds the first place as a national-religious pilgrimage and is a unique historical monument. The **Museum of the Holocaust** the historic Elementary school which houses the history and the memory of the 1943 drama in Kalavrita. The **Place of Sacrifice** is located a few meters outside the city, the sacred place where the massacre of Kalavryta took place. The destination of Kalavryta is ideal for those who love nature and sports suitable for all seasons. The activities vary according to your desire and mood. During winter time, snow lovers have the opportunity to enjoy **the snowy ski resort** to take a walk or indulge in their favorite activities such as ski, snowboard, ski mobiles. During the other seasons of the year however, the proposed activities are numerous.

A large number of trails of all difficulty levels, suitable for **Hiking and Mountaineering**, that all have something in common: the opportunity to admire the unique beauty of the Greek nature. These images of nature can also be admired by anyone engaged in sports in the river **Ladon kayaking or rafting**.. A few adventurous have the opportunity to gaze nature from above by **paragliding**.

For those seeking the coolness combined with trips to the beach during the summer, Kalavrita is a destination located just 30 minutes away from two **beaches** with crystal-clear waters.

GENERAL INFORMATION

■ LANGUAGE

The official languages of the Course are **Greek** and **English**. The English language may be used widely especially in the presentations of the speakers to encourage the interaction in all scientific sessions of the English speaking faculty.

■ REGISTRATIONS

Registration Fee: 200.00 euros + 24% VAT

Registration Fee includes:

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Digital Registration Fee: 50.00 euros + 24% VAT

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■ CERTIFICATE OF ATTENDANCE

All registered to the Course will have their e-badge and codes (username and password) for digital access that will count the time of attendance (physically or virtually). Participants can download their Certificates 2 dates after the end of the Course from the site of Congress World <https://certificates.congressworld.gr/gr/congress>.

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